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# The Theosophical Society in Detroit

Chartered in 1916 as a Branch of the Theosophical Society in America

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## DECEMBER 2018

**Doors open at 6:30 p.m. Programs begin promptly at 7:00 p.m. \$5 Suggested Donation**  
From 6:30 to 6:55 is time for socializing and browsing through the bookstore and library.

### Dec 7 *The Search for Universal Spirituality*

Presentation by Frederick Glaysher

Frederick Glaysher will speak about the long journey of modernity during the last 130 to 150 years in search of a universal conception of spirituality. After highlighting and surveying Madame Blavatsky's emphasis on Universal Brotherhood and the study of comparative religion, Glaysher will discuss the book *The World's Parliament of Religions*, 1893, and key influential speakers and groups represented at The Parliament in Chicago, including Vivekananda, Brahma Samaj, the Unitarian Church, and Theosophists. Further currents include Dara Shikoh, Rammohan Roy, Rabindranath Tagore, Abdul-Baha, Rumi, Kabir, poets and mystics, Emerson, Whitman, and Irving Babbit, T. S. Eliot's Harvard professor of Sanskrit and translator of the *Dhammapada*. Among other seeking souls touched on, Carl Jung, Evelyn Underhill, Arnold Toynbee, Aldous Huxley, Joseph Campbell, and Huston Smith.

Frederick Glaysher has been a life-long student of world religions and wisdom traditions. He is an epic poet, rhapsode, poet-critic, and author or editor of ten books. He has lived in Japan, where he taught at Gunma University in Maebashi; in Arizona, on the Colorado River Indian Tribes Reservation; and in Illinois, ultimately returning to his hometown of Rochester. A Fulbright-Hays scholar to China in 1994, Glaysher studied at Beijing University, on the old Silk Road, and elsewhere in China. While an NEH scholar in 1995 on India, he explored the conflicts between the traditional regional civilizations of Islamic and Hindu cultures and modernity. Glaysher has been an outspoken advocate of the United Nations.

### Dec 14 *Food as Medicine*

Presentation by Dr. Harsha Jayatilake

The year 400 B.C, Hippocrates advised people to prevent and treat diseases first and foremost by eating a nutrient-dense diet with the famous quote, "Let food be thy medicine and medicine be thy food". This session is about the role of balanced, wholesome nutritional and body-mind practices to heal our gut, the mind, the body and the soul with focus on anti-inflammatory food and review of potentially beneficial nutritional supplements. Harsha P. Jayatilake, M.D., FAAFP, ABOIM

Dr Jayatilake is a Board certified in American Board Integrative Medicine (ABOIM) and American Board Family Medicine (ABFM). He is an Ast. Clinical Professor at Wayne State University School of Medicine and Michigan State University College of Osteopathic Medicine. In addition to his residency training in Surgery at North Oakland Medical Centers and Family Medicine at Wayne State University School of Medicine, Department of family medicine, he has undergone extensive training in Integrative Medicine, Medical Acupuncture, Functional Medicine, Nutritional Medicine, Mindfulness meditation and in Mind- Body Medicine and Ayurveda.

***Theosophical Society in Detroit will be closed December 21 and December 28***

### Jan 4 *Guided Meditation & Crystal Singing Bowl Sound Immersion*

Presentation by Sandy Naimou

You can obtain more details from our web site: <http://tsdetroit.org>

DEC 2018



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27745 Woodward Avenue  
Berkley, Michigan 48072-0906

## ONGOING ACTIVITIES

If you have any questions or comments about our ongoing activities,  
please call (248) 545-1961 or email [theosodet@gmail.com](mailto:theosodet@gmail.com)

**TUESDAYS: 7:00 PM TO 8:30 PM**

**MEMBERS' MEETING AND STUDY**

***Getting Acquainted with The Secret Doctrine***

Continue study of H. P. Blavatsky's remarkable work *The Secret Doctrine* assisted by the study course *Getting Acquainted with The Secret Doctrine* by John Algeo. *The Secret Doctrine* is the basis for modern theosophy, its subject is the origin and essential nature of the universe and of humanity.

**WEDNESDAYS: 7:00 PM TO 9:00 PM**

**OPEN DISCUSSION**

***Open Forum* facilitated by Gary Contesti and Galen Garst**



### BOOKSTORE HOURS

#### TUESDAYS

10:00 AM to 3:00 PM

**NOTE: SEE TSD WEB SITE  
FOR EXCEPTIONS**



**Happy Hanukkah Blessed Solstice Merry Christmas Happy Kwanzaa**

## WINTER SOLSTICE CELEBRATION

**Tuesday, December 18 – 7:00 - 9:30 PM**

Join us for a winter gathering for TS members, family and friends.  
Potluck vegetarian supper, gratitude ceremony, blessing tree, and friendship circle.  
For friendship circle, bring something you enjoy sharing: a poem, prayer, story or song.



***Theosophical Society in Detroit parking is limited. . .***

The **good news** is. . .the *Vinsetta Garage restaurant (next door)* offers **free valet parking** for people attending our programs.  
Just tell the parking attendant that you are attending a program at the Theosophical Society of Detroit.