# The Theosophical Society in Detroit

Chartered in 1916 as a Branch of the Theosophical Society in America



## **JANUARY 2019**

**Doors open at 6:30 p.m. Programs begin promptly at 7:00 p.m. \$5 Suggested Donation From 6:30 to 6:55** is time for socializing and browsing through the bookstore and library.

#### Jan 4 Guided Meditation & Crystal Singing Bowl Sound Immersion

Presentation by Sandy Naimou

Start the year with peace and love. We'll begin the evening with a peaceful group meditation. Once centered and relaxed, you'll go into a deeper restorative state of relaxation as you are embraced with the harmonious vibrations of singing bowls and other healing instruments. We will close the evening with tea and time to socialize. Sandy Naimou, M.L.A., E-RYT 200, teaches yoga full-time and facilitates monthly drum circles, Yoga Nidra, and sound immersion workshops.

## Jan 11 A Buddhist Approach to Handling Difficult Thoughts and Emotions

Video with Bhante Sujatha

Known as the loving kindness monk, Bhante Sujatha's approach to meditation is deep and simple. He brings core Buddhist teachings in a way that is practical and easy to understand. A joyful, funny and energetic monk, he helps us find the peace that can only be found in deep silence. He is the head monk of the Blue Lotus Buddhist Temple and Meditation Center in Woodstock, IL.

#### Jan 18 Why Is There So Much Beauty In the World?

Video with Rupert Sheldrake

Sheldrake explores the evolution of the sense of beauty in animals and humans, and how beauty seems to be inherent in nature. He asks questions such as is beauty purely a subjective experience or a recognition of objective patterns in nature. Sheldrake, a biologist and author known for his ground-breaking hypothesis of morphic resonance, was among the top 100 Global Thought Leaders for his work bridging science, parapsychology, and spirituality

### Jan 25 Spiritual Neuroscience - An Introduction to Experiences of God

Presentation by Randy Olson

Neurotheology is the study of religious experiences and behavior. This talk will be an attempt to develop a functional understanding of the impact (that can be measured!) that spiritual and religious experiences have on the physical brain. We will start with the God Helmet experiment, discuss ramifications of the "god pill" thought experiment, and explore what happens to the amygdala after near death experiences. Randy completed a Bachelor of Science degree at Central Michigan University in 2015, with a concentration in Religion and Philosophy, and is now a board member of the Theosophical Society in Detroit.

## **Andre Clewell Presentations**

## Friday February 1st and Saturday February 2nd

Friday	7 p.m.	What Happens to Me When I Die?	
Saturday	10 a.m.	•	Clairvoyant Investigation Into the Structure of Matter
		•	Ecospirituality: The Way Forward

Andre has been a member of the Society since 1995 and is president of the Midsouth Federation of the Theosophical Society in America. He is an Oberlin College graduate, holds a Ph.D from Indiana University, and is widely recognized as a leader in the field of ecological restoration.

See website and flyer for more details.

## **JAN 2019**



#### The Theosophical Society in Detroit

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# **ONGOING ACTIVITIES**

If you have any questions or comments about our ongoing activities, please call (248) 545-1961 or email theosodet@gmail.com

MONDAYS: 2ND MONDAY OF EVERY MONTH 7:00 PM

**BOOK STUDY** 

#### Starting a new book!

*The Astral Body: And Other Astral Phenomena (Classics Series)* by A.E. Powell. In print since 1927, this study of our subtle body is based on the works of Theosophical authors and noted clairvoyants, including H. P. Blavatsky, C. W. Leadbeater, and Annie Besant, and is one of a series of 5 books dealing with the bodies of Man and his role in the Scheme of Evolution.

#### TUESDAYS: 7:00 PM to 8:30 PM

MEMBERS' MEETING AND STUDY

#### Getting Acquainted with The Secret Doctrine

Continue study of H. P. Blavatsky's remarkable work *The Secret Doctrine* assisted by the study course *Getting Acquainted with The Secret Doctrine* by John Algeo. *The Secret Doctrine* is the basis for modern theosophy, its subject is the origin and essential nature of the universe and of humanity.

# WEDNESDAYS: 7:00 PM TO 9:00 PM

**OPEN DISCUSSION** 

Open Forum facilitated by Gary Contesti and Galen Garst



# BOOKSTORE HOURS TUESDAYS

10:00 AM to 3:00 PM

NOTE: SEE TSD WEB SITE FOR EXCEPTIONS



Theosophical Society in Detroit parking is limited. . .

The **good news** is. . . the Vinsetta Garage restaurant (next door) offers <u>free valet parking</u> for people attending our programs.

Just tell the parking attendant that you are attending a program at the Theosophical Society of Detroit.