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# The Theosophical Society in Detroit

Chartered in 1916 as a Branch of the Theosophical Society in America

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## APRIL 2019

Doors open at 6:30 p.m. Programs begin promptly at 7:00 p.m. \$5 Suggested Donation  
From 6:30 to 6:55 is time for socializing and browsing through the bookstore and library.

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### Apr 5 *Terra Glyphs (Crop Circles) Are They Man Made?*

DVD and discussion with Al Hebert

For years large, mysterious, geometric patterns have cropped up in fields overnight baffling experts. Who or what is making them? How is it done - lasers, GPS, microwaves - or by alien interplanetary visitors? Al has visited several sites in England and done extensive research on this phenomena. He is on the board of the Theosophical Society in Detroit.

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### Apr 12 *Compassionate Healing Through Tonglen Meditation*

Presentation by Sandy Naimou

"Tonglen" is a traditional form of meditation in Tibetan Buddhism. where one meditates on "tong" or sending happiness and "len" or taking pain from another through breath and visualization. Passed on for over 900 years, the meditation is a powerful tool for self-transformation. Sandy is on the board of the Theosophical Society in Detroit, teaches yoga and has been practicing Tonglen for seven years. She will discuss the purpose and benefits of this compassion exercise.

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### Apr 19 *Easter, A Threshold to Freedom*

DVD with Danelys Valcarcel

Using theosophical insights into the subject of Esoteric Christianity, this presentation explores the hidden meaning of some aspects of the Lesser Mysteries such as the Atonement, Resurrection, and Ascension, as a symbolic journey to rediscovering a deeper communion with the inner Christ and the Holy Season. Danelys is on the staff of the T. S. of America, a Waldorf teacher, and a student of anthroposophy and theosophy.

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### Apr 26 *Meeting Your Shadow: The Hidden Power of Gold in the Dark Side*

DVD with Connie Zweig

Like Oscar Wilde's "Dorian Gray" each of us seeks to show a beautiful face to the world, and banish those qualities that don't fit the image into a dark cavern of the mind. They then take on a life of their own, which appears like an unwanted stranger - the shadow. Psychotherapist Dr. Zweig explores the shadow as a mystery which comes bearing gifts, not as a problem to be solved.

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### May 3 *Living Raja Yoga.* Presentation by Paul Benedict

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APRIL 2019



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Chartered in 1916 as a Branch of the Theosophical Society in America  
27745 Woodward Avenue  
Berkley, Michigan 48072-0906

## ONGOING ACTIVITIES

If you have any questions or comments about our ongoing activities,  
please call (248) 545-1961 or email [theosodet@gmail.com](mailto:theosodet@gmail.com)

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**MONDAYS: 2ND MONDAY OF EVERY MONTH 7:00 PM**

**BOOK STUDY**

***The Astral Body and Other Astral Phenomena (Classics Series)*** by A.E. Powell.  
In print since 1927, this study of our subtle body is based on the works of  
theosophical authors and noted clairvoyants, including H. P. Blavatsky, C. W.  
Leadbeater, and Annie Besant, and is one of a series of 5 books dealing with our  
dimensions of consciousness and our role in the Scheme of Evolution.

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**TUESDAYS: 7:00 PM TO 8:30 PM**

**MEMBERS' MEETING AND STUDY**

***Getting Acquainted with The Secret Doctrine***

Continue study of H. P. Blavatsky's remarkable work *The Secret Doctrine* assisted by  
the study course *Getting Acquainted with The Secret Doctrine* by John Algeo. *The  
Secret Doctrine* is the basis for modern theosophy, its subject is the origin and  
essential nature of the universe and of humanity.

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**WEDNESDAYS: 7:00 PM TO 9:00 PM**

**OPEN DISCUSSION**

***Open Forum* facilitated by Gary Contesti and Galen Garst**

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### BOOKSTORE HOURS

**TUESDAYS**

10:00 AM to 3:00 PM

**NOTE: SEE TSD WEB SITE  
FOR EXCEPTIONS**



***Theosophical Society in Detroit parking is limited. . .***

The ***good news*** is. . .the *Vinsetta Garage restaurant (next door)* offers

***free valet parking***

for people attending our programs.

Just tell the parking attendant that you are attending a program at the Theosophical Society in Detroit.