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# The Theosophical Society in Detroit

Chartered in 1916 as a Branch of the Theosophical Society in America

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## February 2009

We are happy to continue our Friday night meetings.  
Movies or lectures will be presented, followed by thoughtful open discussions.

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Doors open at 6:30 p.m. Movies begin promptly at 7:00 p.m.  
From 6:30 to 6:55 is time for socializing, browsing through the bookstore and library, and enjoying light refreshments.

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- Feb 6 Yoga Practice for Meditation** Rodney Yee  
*Movie.* Five easy-to-use sessions that support the viewer in developing a meditation practice and help with challenges commonly encountered: bodily tension, improper posture, and restricted breathing. Yoga Journal
- Feb 13 Searching for God in America: His Holiness the XIV Dalai Lama.** Hugh Hewitt  
*Movie.* Explores Buddhism's rapid growth and value in the Western world. 1996
- Feb 20 Searching for God in America: Dr. Seyed Nasr** Hugh Hewitt  
*Movie.* Dr. Nasr has devoted himself to helping the West understand Islam, a much misunderstood faith. 1996.
- Feb 27 Searching for God in America: Rabbi Harold Kushner** Hugh Hewitt  
*Movie.* Rabbi Kushner discusses his individual relationship to God and how he meets challenges to his faith. 1996.

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## Ongoing Activities

### MONDAYS: 2ND MONDAY OF EVERY MONTH 7:00 PM

### BOOK STUDY: ESOTERIC BUDDHISM

Book Study: *Esoteric Buddhism* by A.P. Sinnett. This book (published in 1883) constituted one of the earliest exploration of 'Karma' and 'Reincarnation' and other such terms, previously almost unknown in the West. This class that is open to all can be joined at any time due to the stand alone character of the material. If you are interested, please call Marina Sionov at (248) 545-8553 or (248) 545-1961.

### TUESDAYS: 7:00 PM TO 9:30 PM

### MEMBERS BOOK STUDY: ENTERING ON THE SACRED WAY

Book Study: *Entering on the Sacred Way* by Joy Mills. A Psychological Commentary on Light on the Path. "Thou cannot travel the path until thou hast become the Path itself."

### WEDNESDAYS: 7:30 – 9:00 PM SHARP

### OPEN DISCUSSION

Don Elwert continues the grand tradition of the Wednesday night open forum. Meetings involve a wide ranging exploration of theosophical writings and ideas, with frequent forays into Christian Mysticism, astrology and even shades of Rosicrucian thought. Discussion tends to be lively and informative, and attendees have always offered enthusiastic reviews.

### THURSDAYS: 7:30 – 9:00 PM

### MEDITATION CIRCLE

The meditators' support circle emphasizes meditation as a way to be with Spirit and in Spirit. There are no shortcuts or crash courses, no instant mysticism. We sense in stillness with others a great linkage and strengthening. We meet to support each others daily meditation. Typically, we begin with a short reading and several minutes of contemplative music, leading into two thirty minute silences. These are broken by a five minute interval. Participants may leave during this time or move about quietly in a meditative walk. The ninety minutes together ends with quiet conversation. Please plan to arrive a few minutes early. For information call Ron at (248) 280-4711.

### **Academy of Classical Metaphysics**

1<sup>st</sup> and 4<sup>th</sup> Mondays. Facilitator: Dan Shepard.  
Call (248) 545-1961 for details.